

Creating Sanctuary: *Applying Trauma Theory to Workplace Environments*

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Imagine what it would be like to implement the Sanctuary Model without any impediments. What would your system look like, feel like, act like?

THE SEVEN SANCTUARY COMMITMENTS



THE SANCTUARY COMMITMENTS

GROWTH AND CHANGE

- All change means loss but human intention can change the future

DEMOCRACY

- Complex problems require complex responses

NONVIOLENCE

- Physical, Psychological, Social, Moral Safety

EMOTIONAL INTELLIGENCE

- Human behavior makes sense if we have information

SOCIAL LEARNING

- Mistakes happen and we must learn from them

OPEN COMMUNICATION

- Information is the flow of life

SOCIAL RESPONSIBILITY

- Social justice is the key to a peaceful, nonviolent society

What are the ways in which your system is already fulfilling the Seven Commitments?

What do you presently perceive as obstacles to fulfilling the Seven Commitments in your system?

Imagine some individual and group strategies that could surmount those obstacles.
